

Sale prices valid October 19 - 25

**GOOD
FOODS**
C O - O P

OWNER DEALS

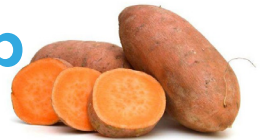
ON FRESH, FAIR, LOCAL AND ORGANIC FOOD



**Coleman
Natural Pork
Boneless Center
Cut Pork Loin**
\$4.99/lb
reg. \$6.49/lb

LOCAL

Organic Sweet Potatoes
\$1.29/lb
reg \$1.99/lb



Organic Ginger
\$3.29/lb
reg \$5.99/lb



**Organic Red
Cabbage**
79¢/lb
reg \$1.19/lb



**Organic Green
Cabbage**
79¢/lb
reg \$1.19/lb



**Good Foods
Croissants**
All varieties

\$1.49 ea
reg \$2.29

4 pack

\$5.75
reg \$7.99

house
made



Good Foods Soup

Located in Grab & Go

*WF Chicken soup,
Carrot Ginger soup*

\$1 off

reg \$4.99-\$7.99

house
made



Sale items are available while supplies last. Sorry, no rain checks or case discounts. We reserve the right to correct any printed errors.

**YOUR LOCAL AND ORGANIC GROCERY STORE!
BECOME AN OWNER FOR AS LITTLE AS \$25 A YEAR.**

LOCAL



Victory Hemp

Hemp Oil, 8 oz

\$5.99 reg \$9.79

Hemp Hearts, 12 oz

\$11.99 reg \$15.99

Hemp Protein, 12 oz

\$9.99 reg \$13.89



Alexia Fries

Select varieties, 15-16 oz

\$1.99 reg \$3.29-
\$3.59

LOCAL



ElliFinn's Go Snacks

All varieties, 2.5 oz

\$2.99 reg \$4.99



Silk Creamer

All varieties, 16 oz

\$1.29 reg \$1.99



Boulder Canyon

Select varieties, 5 oz

\$1.69 reg \$3.29



Rumian Organic Cheese

All varieties, 8 oz

\$2.99 reg \$5.99



Westbrae Organic Beans

All varieties, 25 oz

2 for \$4 reg \$3.29



Thompson Organic Sundried Raisins

Located in Bulk Aisle

\$2.69 reg \$3.99



Back to Nature Crackers

All varieties, 8 oz

\$2.99 reg \$3.49-
\$3.99



Alba Cocoa Butter

7 oz

\$5.99 reg \$10.69



Newman's Own Organic Microwave Popcorn

All varieties 2.8-3.3 oz

\$1.99 reg \$3.49-
\$3.59



Boiron Cold Calm

60 tabs

\$6.99 reg \$12.99