

ENTRÉES

SLICED MEATLOAF \$8.99
2 servings

WHOLE ROASTED CHICKEN (WF) \$9.99
3-4 servings

CLASSIC LASAGNA \$12.99
2-3 servings

**CHICKEN AND BACON
BURRITO BOWL (WF)** \$5.99
1-2 servings

SIMPLY GRILLED SALMON (WF) \$3.99
1 serving

SIMPLY GRILLED CHICKEN (WF) \$5.49
1-2 servings

MEAT-FREE ENTRÉES

RED CURRY WITH RICE (V, WF) \$5.99
1 serving

SPAGHETTI AND MEATBALLS (V) \$5.99
1 serving

VEGGIE QUINOA LASAGNA (WF) \$12.99
3-4 servings

VEGGIE BURRITO BOWL (V, WF) \$4.99
1-2 servings

**PESTO PASTA WITH
ROASTED TOMATOES (V)** \$5.99
1 serving

SOUPS

32 OZ | 2-3 servings | \$4.99

CARROT GINGER (V, WF)

TOMATO BASIL (V, WF)

SPICY CHICKPEA TURMERIC (V, WF)

CHICKEN AND RICE (WF)

VEGAN VEGGIE (V, WF)

GARDEN SALADS

**STRAWBERRY SPINACH WITH
BALSAMIC VINAIGRETTE (VG, WF)** \$5.99
1-2 servings

**GARDEN SALAD WITH
BALSAMIC VINAIGRETTE (V, WF)** \$4.49
1-2 servings

**GREEK SALAD WITH
HERB VINAIGRETTE (VG, WF)** \$5.99
1-2 servings

**KALE AND QUINOA WITH
BALSAMIC VINAIGRETTE (V, WF)** \$4.99
1-2 servings

PIZZAS

CHEESE (VG) \$9.99
12 inches, 2-3 servings

PEPPERONI \$12.99
12 inches, 2-3 servings

VEGGIE (VG) \$12.99
12 inches, 2-3 servings

SIDE SALADS

**SIMPLE CHICKEN
SALAD (WF)** \$5.49
1 serving

**CRANBERRY
CHICKEN SALAD (WF)** \$5.99
1 serving

**SIMPLE TUNA
SALAD (WF)** \$5.49
1 serving

**THAI PEANUT
KALE SALAD (V, WF)** \$5.49
2 servings

**DILL CAPER TUNA
SALAD (WF)** \$5.99
1 serving

**SESAME CASHEW
NOODLES (V)** \$3.99
2 servings

**THAI TOFU
SALAD (VG, WF)** \$5.99
2 servings

**BOMBAY TOFU
SALAD (V, WF)** \$6.99
2 servings

**POTATO
SALAD (V, WF)** \$3.99
2 servings

**BROCCOLI
SALAD (V, WF)** \$4.49
2 servings

**SALMON
SALAD (WF)** \$5.99
1 serving

EGG SALAD (WF) \$3.99
1 serving

Ingredients lists located on item label. All foods are processed in a facility that contains allergens.

(WF) Wheat-free

(V) Vegan

(VG) Vegetarian

SNACKS & DIPS

CHICKEN NUGGETS WITH HONEY MUSTARD SAUCE (WF) \$5.99

1 serving

FRIED TOFU NUGGETS WITH SOUTHWEST SAUCE (V, WF) \$5.99

1 serving

FALAFEL SNACK PACK (V) \$5.49

1 serving

CLASSIC HUMMUS (V, WF) \$3.99

1 serving

PIMENTO CHEESE (VG, WF) \$8.99

2-3 servings

BUFFALO CHICKEN DIP (WF) \$5.99

2-3 servings

SIDES

MAC & CHEESE (VG) \$7.99

2 servings

GOODS FOODS KALE (V, WF) \$4.99

2 servings

ROASTED BRUSSELS SPROUTS (V, WF) \$4.99

2 servings

GRILLED VEGGIES (V, WF) \$4.99

2 servings

ROASTED SWEET POTATOES (V, WF) \$3.99

2 servings

MASHED POTATOES (VG,WF) \$4.99

2 servings

(WF) Wheat-free **(V)** Vegan **(VG)** Vegetarian

TO ADD ANY OF THESE
ITEMS TO YOUR CAFE
CURBSIDE ORDER CALL:

**859-278-1813
EXT 256**

Please note: all Grab & Go
items are kept chilled and
intended to be eaten at home.

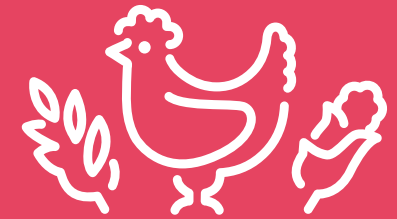
TO ADD ANY OF THESE
ITEMS TO YOUR
GROCERY CURBSIDE
ORDER, ADD THEM TO
YOUR LIST AT:

GOODFOODS.COOP



**GOOD
FOODS**
C O - O P

455 Southland Drive
Lexington, KY 40503
www.goodfoods.coop



**GOOD
FOODS**
C O - O P

**CURBSIDE
GRAB & GO
MENU**

Items are available
each day in our Grab
& Go cooler. Stock up
on your next trip, or
add them to your café
or grocery curbside
pickup order!