

# The Cooperative

# CSA

## HALF SEASON SHARE

### WHAT IS A CSA?

CSA stands for Community Supported Agriculture, which is a direct farm-to-consumer program that provides you with the freshest local, seasonal vegetables each week. It's a great way to try and eat more veggies, eat more local food and eat seasonally since you will simply get whatever is in abundance at harvest time.

### WHAT DO YOU GET WITH A HALF SEASON SHARE?

A box of farm-fresh, mostly organic produce every Tuesday beginning August 10th, 2021. The 6-8 items in the weekly box (which will feed a 2-3 person family) will change as the seasons change, depending upon availability.

### WHO ARE THE FARMERS?

Rolling Fork Organic Farm is a certified organic farm in the hills of Central Kentucky near Danville that focuses on sustainability and conservation practices, including regenerative farming and vermicomposting. Casey County Organics, a cooperative of organic farmers near Liberty, KY, will also be contributing to the share boxes. Smaller farms will be adding to the shares throughout the season—like lettuces from Salad Days Farm in Versailles and microgreens from Everae Gardens in Lexington—so they benefit from the cooperative nature of this CSA too.

### WHAT DOES IT COST?

The half season—10 weeks of fresh, organic produce—costs \$300, which breaks down to \$30 per week.

### HOW DO I GET MY PRODUCE?

Sign-up for the half-season by Friday, August 6. Each week a bag of fresh, organic produce will be delivered to Good Foods Co-op, 455 Southland Drive, Lexington. Please return your insulated bag from the previous week each time you pick up your new share bag. *We work hard to minimize food waste, so please be aware that shares not picked up within 24 hours will be donated to folks struggling with food scarcity.*

### READY TO SIGN UP?

Please complete the form below and turn it in at the Hospitality Desk along with your full share payment. We accept cash, credit/debit card, or check payment. You may also email your filled-in form to [goodfoods@goodfoods.coop](mailto:goodfoods@goodfoods.coop) and we will reach out to you by phone for payment.

Customer Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**STAFF USE ONLY:** Please scan the barcode for purchase at register.  
Return this form with receipt attached to Lauren's mailbox.

